

## Lektionenplan 24

Mo	<b>Pilates</b>	08.15	Studio
	<b>Funtone</b>	09.00	Studio
	<b>M.A.X.</b>	18.45	Studio
	<b>Inside Flow</b>	19.30	Studio
Di	<b>Seniorinnen</b>	09.00	Studio
	<b>Seniorinnen</b>	10.00	Studio
	<b>Inside Yoga</b>	18.00	Studio
	<b>Dancess</b>	19.00	Studio
	<b>Rückentraining</b>	20.00	Studio
Mi	<b>Inside Yoga</b>	06.30	Livestream
	<b>Inside Flow</b>	08.15	Studio
	<b>Dancess</b>	18.00	Studio
	<b>Funtone</b>	19.00	Studio
	<b>Yin Yoga</b>	20.15	Studio
Do	<b>Yin Yoga</b>	09.00	Studio
	<b>Face Spine Yoga</b>	17.30	Studio
	<b>Kraftstoff für Kerle</b>	18.30	Studio
	<b>Inside Yoga</b>	19.30	Studio
Fr	<b>Pilates</b>	08.15	Studio
	<b>NaTOUR</b>	09.15	draussen
	<b>Specials</b>	18.30	Studio
Sa	<b>Specials</b>	09.00	Studio